



# Community of Care

*"Caring for our older adults by partnering with rural communities"*

## COMMUNITIES SERVED

- Absaraka
- Alice
- Amenia
- Argusville
- Arthur
- Ayr
- Buffalo
- Casselton
- Chaffee
- Davenport
- Durbin
- Embden
- Erie
- Gardner
- Grandin
- Harwood
- Hickson
- Horace
- Hunter
- Kindred
- Leonard
- Lynchberg
- Mapleton
- Page
- Prosper
- Tower City
- Wheatland

## CARPOOL CARE-AOKE

Community of Care's new video **Carpool CARE-aoke**, was premiered at **Totally Tables** on May 2nd. **Bev and Helen** are the stars of the video.

*used to doing by myself and for myself and as you get older you can't do those things."*

When Helen was asked what does it mean to stay in your home, she replied *"It means an awful lot. I don't know what I would do without you....I can't drive so I would be lost."*

Later in our conversation we talked about how Bev received care in multiple areas and she replied, *"I don't even feel guilty anymore"* Community of Care

never wants anyone to feel guilty about calling us. We are here to care



If you were fans of the Late, Late Show with James Corden, you will recognize the format. We sang along to some great songs as we drove down the road. Bev and Helen shared what Community of Care means to them and why our services are important for them to be able remain in their rural Cass home. Bev told us, *"I almost felt guilty asking for help, and I'm sure that's normal for people to feel almost guilty having to make you people do this for me. I'm not used to that, I'm*



for our older friends throughout rural Cass. For almost 22 year, we have continued to provide those services FREE OF CHARGE, thanks to all the support we receive from generous donors and granting organizations.

Scan the QR code to watch Carpool CARE-aoke. We would love to have you share on your social media channels after you watch. You can also find it on our website and at [Facebook.com/communityofcarend.com](https://www.facebook.com/communityofcarend.com)

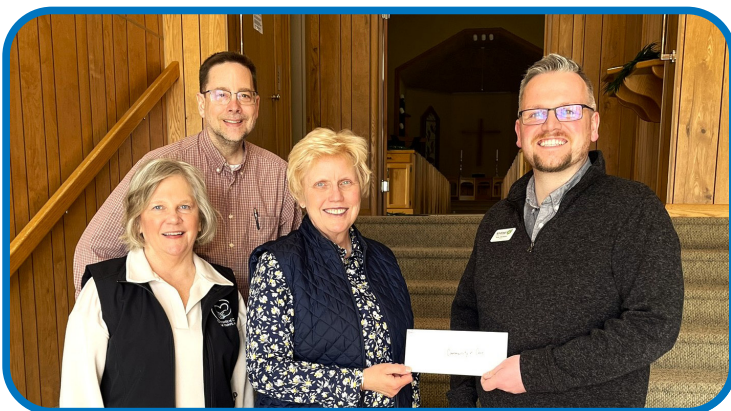


## HOW DO COMMUNITY OF CARE'S PROGRAMS & SERVICES IMPACT PEOPLE'S LIVES & THE COMMUNITY?

Our board took a leap of faith in April of 2024 to add a 3rd part-time Faith Community Nurse (FCN) to serve in the Kindred area and Charley Rose was hired as FCN.

Pastor Kyle Giermann from Kindred Lutheran shared the following regarding the impact of having a Kindred area FCN, *"With Community of Care and Charley working in Kindred, we've seen a meaningful boost in the care and support available to our senior community. Charley has become a trusted presence, helping to promote the health and well-being of many older adults, some of whom Leah (office administrator) and I had been assisting ourselves, though without his specialized training and resources. His presence has added strength to what our congregation was already doing, allowing us to meet more needs, more effectively. His involvement has allowed Leah, myself, and the congregation to focus more deeply on other areas of ministry, knowing our elders continue to receive thoughtful, capable care. This partnership has been a gift, and we're excited to see how it continues to grow and bless our community."*

This is just one example of the impact Community of Care is able to provide in communities throughout rural Cass County, thanks to the many partnerships we share with donors, organizations and grantors.



*Thank you to Kindred Lutheran Church for the gift of their Lenten offerings and donations from Lenten dinners. We are grateful for your partnership. Kindred Lutheran is one of the local churches who donate proceeds from dinners or Lenten offerings. Pictured above are Karen Hertsgaard (board member), Charley Rose & Myrna Hanson from C of Care and Pastor Kyle Giermann.*

## HEALTH CORNER

Home Safety is something we should be aware of, regardless of our age. **"Take a trip" around your home to look for any safety hazards or fall risks.** Here are a few things to consider:

- Are there broken or uneven steps, be sure to check inside and outside your home
- Is there adequate lighting to guide your steps
- Do you have securely attached handrails on both sides of the stairs
- Do you have grab bars in the bathroom & non-slip rubber mat on the floor and in the tub
- Are there throw rugs causing fall hazards

Summer is a great time to check and update any safety concerns. Your adult children might be home visiting. Our guess is they will be happy to help with these simple upgrades to keep you safe in your home! Call our office to speak to one of the Faith Community Nurses if you have questions.



## JOIN A BONE BUILDER CLASS NEW MEMBERS WELCOME AT ANYTIME!

- Arthur Methodist Church - Mon & Thurs at 9:45 AM
- Casselton City Hall - Tues & Thurs at 2 PM
- Davenport Old School - Mon & Thurs at 9:30 AM
- Harwood Community Center - Tues & Thurs at 1 PM
- Horace Senior Center - Mon & Thurs at 10 AM
- Hunter Insurance Building - Mon & Thurs at 10 AM
- Kindred City Hall - Mon & Thurs at 10:30 AM



**New Bone Builder Class starting in  
Tower City Community Center  
Tues & Thurs 9 AM  
(starts on June 10th)**



# 18TH ANNUAL TOTALLY TABLES WAS A TREMENDOUS SUCCESS!

May 2nd was an evening filled with energy from the minute the doors opened to St. Leo’s Spirit of Life Center. The room was filled with 29 tables decorated in the theme of “There’s no place like home.” We are still smiling at the creativity ranging from Home Alone to Grandma’s House to Antique Toys to Come Home to North Dakota. Thanks to Steve Carvell for his great pictures, you can find them on our website.

During the evening, attendees bid on silent auction items, purchased a cork at the wine wall, played the paddle game, visited with friends, met new people, bid on live auction items and provided generous Fund A Need donations. The highlight of the evening was the premier of our Carpool CARE-a-oke video (check out the link on page 1).

The 18th annual Totally Tables was a record setting event—we definitely beat our \$100,000 goal. The funds raised provided 30% of our funding for the year! Major table sponsors and Fund A Need match donors are listed on page 7. A BIG THANK YOU to everyone who attended and partnered with us. We are humbled and grateful for your support. YOU are helping older adults throughout rural Cass County continue to say, ‘There’s no place like HOME!’



**ABOVE: PATRICK KIRBY—EMCEE; ONE OF THE “CROOKS” FROM THE “HOME ALONE” TABLE; EXCITED PADDLE GAME PLAYERS; MAX STEFFES—AUCTIONEER.**

**LEFT: CASS COUNTY FARM BUREAU MOST CREATIVE; ESSENTIA HEALTH BEST USE OF THEME; SKUNES FARMS—PEOPLE’S CHOICE.**

*PHOTOS COURTESY OF STEVE CARVELL PHOTOGRAPHY*



# MARK YOUR CALENDAR FOR COMMUNITY OF CARE EVENTS/PROGRAMMING THIS SUMMER & FALL

- **Wednesday, July 16th—Northern Cass Health Fair at Arthur United Methodist Church—10 AM to 1:15 PM.** Booths from agencies serving older adults and presentations on topics relevant to aging.
- **Tuesday, October 30th—Casselton Business Association (CBA) Sr. Day at Martin’s Lutheran Church in Casselton (new location in 2025) - 10 AM—1:15 PM (includes free lunch provided by the CBA)** More information will be shared through local senior clubs & church bulletins and how to RSVP.
- **Tuesday, October 21st—Wellness Screening Fair at Martin’s Lutheran Church in Casselton - 10 AM to 2 PM.** Screenings from local college students (Nursing, Dietetics, Social Work, Physical Therapy, etc.).



*We encourage local senior clubs to mark these events on your calendar so your members can attend these educational events.*

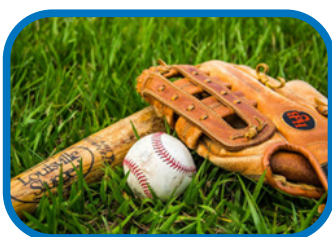


*Pen Pal Projects with Central Cass, Kindred & Northern Cass Schools  
Thank you to teachers, students & older adults for another wonderful semester of pen pals. The meet & greets were “noisy” with all the great conversations.*



## SUMMER SOCIALIZATION EVENTS

Our Care Coordinator, Lauren, is planning summer socialization events. The Page Theater outing is Wednesday, August 13th at 1:30. An outing to the RedHawks game is Thursday, July 17th for 12:30 game. Details about tickets will be shared with local senior clubs and on our Facebook page. Lauren is planning 1 or 2 other events for summer watch for details.



Community of Care provides Advocacy, Compassion and Empathy so older adults feel respected and remain in their homes as long as safely possible (our ACE in the hole).



Our "ACE" in the hole

## ADVANCE CARE PLANS (ACPS)

Three of our staff are trained to assist you complete your ACP. The recommendation is to update your ACP based on these 5 D's - Decade, Decline, Diagnosis, Divorce or Death. Having an updated Advance Care Plan is a gift to your family members to know your wishes.

The following is a quote from a client who worked with our staff to update the ACP: *"We recently visited Community of Care to create new Advance Care Plans. You definitely are a group of angels walking among us. The process was easy, informative and professional. We definitely have encouraged others to take advance of this opportunity."*

Call our office to schedule an appointment with Lauren, Cindi or Gwen to begin the process of completing or updating your ACP. Prior to your appointment, we recommend you spend time thinking about your wishes and visiting with your family members. The appointments take approximately two hours.

ADVANCE CARE PLANNING  Goshen Health  
It starts with a conversation.



### STAFF CHANGE AT COMMUNITY OF CARE.

Thank you to Tammy Schempp (left) for serving as our Volunteer Coordinator the past 3 1/2 year. Tammy is retiring from C of Care in June. Our bookkeeper, Natalie Keller (right) will be adding the Volunteer Coordinator duties to her position. Natalie starts her new duties the week of July 7th, her hours will be shared with clients and volunteers. You can reach her at 701-347-0032 or natalie@communityofcarend.com





# TOTALLY TABLES MAJOR SPONSORS



The Arthur Companies



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*Bringing ag home*



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# THANK YOU TOTALLY TABLES FUND A NEED MATCH DONORS

## HARVEST SPONSORS

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**HAGENDENTAL**

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## SPROUT SPONSORS

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# THANK YOU FOR GRANTS RECEIVED IN THE LAST 12 MONTHS

North Dakota Department of Health Human Services  
Alex Stern Foundation BCBS Caring Foundation  
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Johnson-Iwen Community Fund for Arthur Area  
Kindred Community Foundation  
ND Community Foundation/Otto Bremer Trust  
Operation Round-up (Cass County Electric)  
Ottetail Power Company



**FM Area Foundation**  
Connecting people and purpose.



## BOARD OF DIRECTORS

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Michelle Thompson—Page

# MEMORIALS & HONORARIUM

**October 16, 2024 through April 30, 2025** (including memorials given on Giving Hearts Day)

*Thank you to everyone who donated in honor or memory of someone. All other donations from November 1, 2024 through October 31, 2025 will be included in the winter newsletter.*

## In Honor of Bonnie Erickson

Brian and Peggy Ward

## In Honor of Joann Radermacher

Tom & Jill Roden

## In Honor of Lauren Prante

Emma Swenson

## In Honor of Myrna Hanson

Judy Swezey

## In Honor of Wanda Woolweever

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Ernest Krabbenhoft Estate

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## In Memory of Gary Spies

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## In Memory of Kelly Halvorson

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## In Memory of Kenneth Preston

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## In Memory of Larry Sell and Dennis Kelly

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## In Memory of Lorraine Kensok

Larry and Margaret Hoffmann

Paul and Francie Strand

## In Memory of Lucy Lindemann

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Ronna & Larry Discher

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## In Memory of Marian Bjerke

Lana Kaufman

Larry and Margaret Hoffmann

Ronna & Larry Discher

## In Memory of Marlys Giermann

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Deloris Knight

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## In Memory of Pam Myhre

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Steve & Eileen King

## In Memory of Robert & Lorraine Kapaun

Renee Kapaun

## In Memory of Roger Iwen

Kenneth & Bonnie Hochhalter

## In Memory of Ruby McCann

Laurie Ries

## In Memory of Sue Hoffmann

Ronna & Larry Discher

## In Memory of Teresa Radcliffe

Jim & Gwen Howe

## In Memory of Arlen Blumer, Bob Roesler,

Duane Grieger, Jim Gefroh, Jim Vetsch,

Leonard Kirkhoff, Lois Marshall

given by Carol Radermacher

## In Memory of Wally & Betty Diekman

Rodney and Kathy Nelson

## YOU CAN HELP OLDER ADULTS REMAIN IN THEIR HOMES WITH YOUR GIFT TODAY OR AS PART OF YOUR LEGACY

- Make a donation or give a gift **in memory of or in honor of someone**
- Make a donation to our **CROPS FOR CARE** program—tax benefits for local growers
- Donate a gift of **appreciated stocks, bonds or mutual funds**—talk to your financial advisor about tax benefits
- Make a **Qualified Charitable Distribution**—If you are 73 or older, donating directly to a charity meets your mini-mum distribution requirement & provides tax benefits
- Make Community of Care the **beneficiary of all or a portion of your IRA or Life Insurance**—you can reduce or eliminate federal estate & income taxes for your family by donating directly to a charity.
- Make a donation to **Community of Care's Endowment Fund**—ND residents can receive credits towards your state income taxes.





Community of Care

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# 14th ANNUAL CLASSIC CAR & BIKE CRUISE

Mark your calendar for the annual car & motorcycle cruise on Sunday, July 27th! Registration is at 9AM at Casselton Veterinary Clinic (South end of town on Highway 18). Pedals down & kickstands up at 9:30AM. All vehicles are welcome to participate, you must be able to travel 60 MPH. The tentative route will take us south towards the Bagg Bonanza Farm. The cruise is a “giant game of follow the leader” to support older adults in rural Cass County remain in the homes they love! Watch for details at [www.communityofcarend.com](http://www.communityofcarend.com) or on our Facebook page.



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