

2015 COMMUNITY OF CARE ANNUAL REPORT



From the Director

Community of Care believes rural Cass County is a great place to live, no matter what your age. The partnership of local donors (individuals, businesses and organizations), the ND Department of Human Services budget and grantors is central to our mission. Together, we work to enhance the quality of life for older adults to remain in the homes they love and cherish as long as safely possible.

In 2015, Community of Care continued to see a significant increase in the number of requests for services. We had a 32% increase in the number of clients contacts, a 30% increase in the number of trips facilitated and a 38% increase in the number of miles driven by volunteers. Our goal is always to increase the awareness of our services throughout rural Cass County. We believe the increase in requests for services is evidence that more people are aware of our work in rural Cass County and the many services we provide.

In 2015, we were fortunate to be involved in two professional video productions. As a 2014 Bush Prize for Community Innovation winner, we had a film crew spend three days with our staff, volunteers and clients to tell our story. One of our clients, Merlyn Anderson from Hunter, was featured in the 2015 United Way of Cass Clay campaign video. Both of these productions allowed us to tell our story through video.

Our staff completed training for the Music & Memory program in 2015. The implementation has been delayed,

but we look forward to launching this program in 2016.

Community of Care is able to provide our services thanks to our many dedicated volunteers. Our board of directors, transportation volunteers, those who assist with fundraisers, do yard work or make friendly visits all make a difference in people's lives.

*Caring for
people by
partnering
with rural
communities*

Special points of interest:

- 17,222 miles driven by volunteers
- 38% increase in the number of miles driven
- 30% increase in the number of trips facilitated
- 169 Volunteers in all programs
- 1,842 Total Volunteer Hours
- 8th Annual Totally Tables, 4th Annual Classic Car/Bike Cruise and 3rd Annual Commodity Donation Program "Crops for Care"
- Partnered with local residents, businesses and Central Cass students for Spring Clean-up, Senior Day & Day of Caring
- Bone Builder Class in Arthur & Casselton. Added Bone Builder Class in Hunter
- Received \$55,000 2-year grant from the Otto Bremer Foundation
- Professional video produced as 2014 Bush Prize for Community Innovation
- Client story featured in 2015 United Way of Cass Clay campaign video
- Staff completed Music & Memory training



One Stop Service Center



During 2015, our Care Coordinator, Melissa Oberlander, provided a wide variety of services for area residents (information, referrals, assistance, fuel/food/prescription drug assistance forms, Medicare Part D drug plan enrollment, etc.).

The following are the statistics from Medicare Part D Open Enrollment:

- 247 total client contacts
- 208 total clients
- Total savings was \$275,184
- Average savings per client was \$1,323

2015 Client Service Statistics

- 2,722 Client Contacts—32% increase from 2014
- 413 individuals served
- 15% of the clients were new and 85% were return clients
- 66.3% of the clients were female and 33.7% were male

*Going to Arthur we felt that we were given more personal attention. We appreciate the help that Community of Care gave us.
One Stop Clients*

Faith Community Nurse Program



Kathy Sundquist served as the Faith Community Nurse from January—November 2016. She left for personal reasons. During her time with C of Care, she facilitated Bone Builder classes in Arthur & Casselton and helped to start a new class in Hunter. She also coordinated blood pressure screenings in local churches & senior groups. Kathy provided outreach visits & health education for residents of rural Cass County with a focus on preventative care.

VOLUNTEER PROGRAM



The Volunteer Program experienced a staff change in 2015. Sandy Dooley resigned and Rebecca Berge-Buss started as the Volunteer Coordinator in March. We saw a 30% increase in the number of rides facilitated and a 38% increase in the number of miles driven by volunteers in 2015. Sustaining our volunteer pool is central to our ability to provide transportation to medical appointments for our clients.

In 2015, eight new transportation volunteers began serving clients. The additional volunteers assisted us in providing the 30% increase in transportation requests.

The following Volunteer Program services were provided in 2013:

Thank you for the good work you did for my mom and the many kindnesses she received. She always knew she could count on you.

Keep up the good work!

Note from an Adult Child of a client following her mom's death

Mom is very thankful for the service you provide! So are all of us kids!

Adult Children of Transportation Client

- ◆ 17,244 miles driven, 312 trips facilitated and 780.5 hours provided for Medical Transportation
- ◆ 741.5 hours and 2,346 miles driven for other Volunteer Services (Day of Caring, Page Day of Service, Exercise Classes, Committees, Fundraisers, etc.)
- ◆ 2,722 miles driven & 320.4 hours of service provided by Board of Directors
- ◆ Total economic impact of all volunteers services was \$54,999.58 in 2015

Top Five Concerns

2015

1. Medical Transportation
2. Medicare Part D
3. Exercise Classes
4. Other Financial
5. Advanced Directives

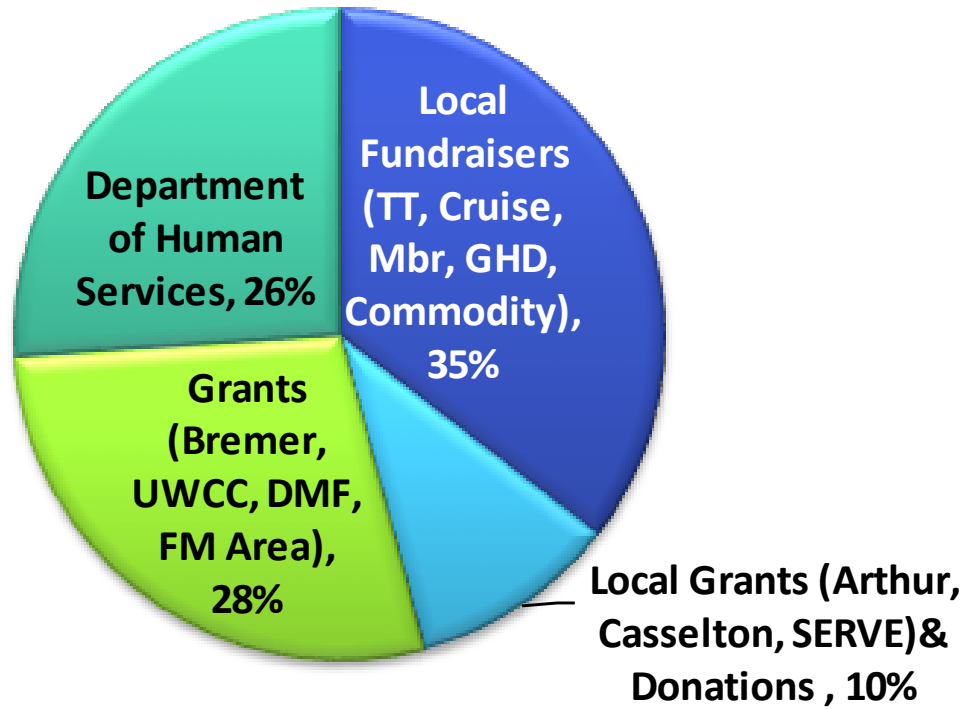
Top Five Interventions

2015

1. Medical Transportation
2. Medicare Part D
3. Exercise Classes
4. Information
5. Assistance

Caring for rural residents - one person at a time

**2015
Income by
category**



2015 Funding

Grants received in 2015

- Alex Stern Foundation—\$4,000
- Johnson Iwen Foundation for Arthur Area—\$4,500
- Cass County Electric Company/SERVE—\$3,000
- DMF—\$4,500 (includes GHD match)
- FM Area Foundation—\$3,000
- North Dakota Dept. of Human Services —\$60,000
- Otto Bremer Foundation—\$20,000
- Sanford Health—\$7,500
- United Way of Cass Clay—\$26,000

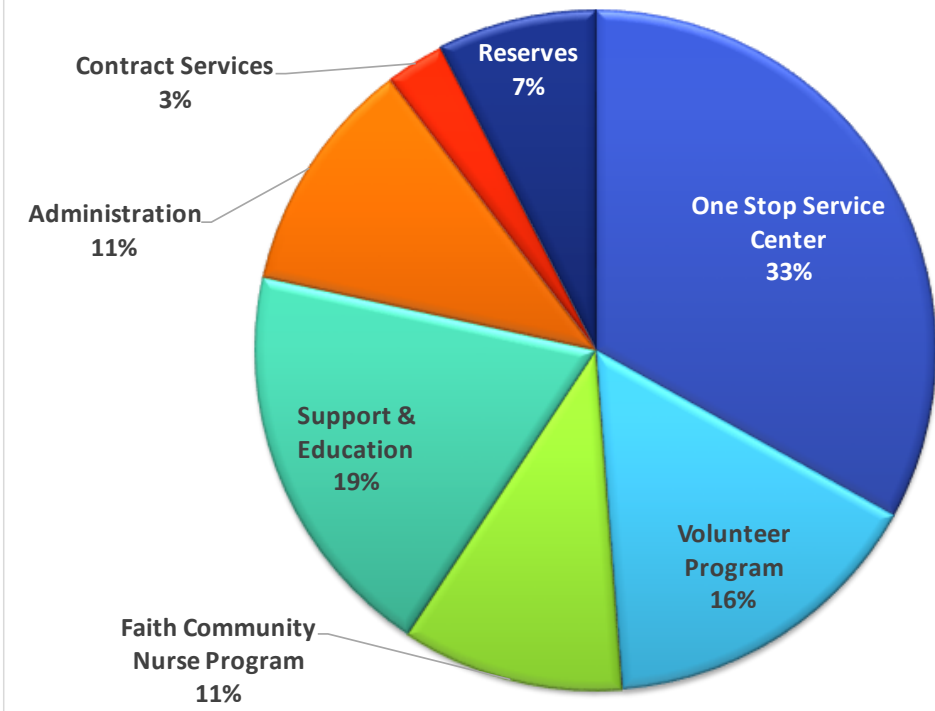


Community of Care Staff—2015

Front Row: Kathy Sundquist, Faith Community Nurse & Rebecca Berge-Buss, Volunteer Coordinator

Back Row: Lanette Johnson, Bookkeeper, Myrna Hanson, Executive Director and Melissa Oberlander, Care Coordinator

**2015
Program
Budget**



Board of Directors

June Calderwood
Community Leader
Board Chair
Casselton, ND

Margaret Mowery
Community Leader
Board Vice Chair
Fargo, ND

Dawn Moore
Community Leader
Board Secretary
Arthur, ND

Brian Arett
Valley Sr. Services
Fargo, ND

Carrie Hagen
First State Bank of ND
Casselton, ND

Rebecca Hodgson
Arthur Good Sam
Casselton, ND

Marcia Rose
Community Leader
Durbin, ND

Dick Sinner
Retired Farmer
Casselton, ND

Kevin Skunes
Farmer
Arthur, ND

2015 Board of Directors



Front Row: Dick Sinner, Carrie Hagen and Brian Arett
Back Row: Dawn Moore, Marcia Rose, June Calderwood and Margaret Mowery
Not Pictured: Rebecca Hodgson and Kevin Skunes

Local Fundraisers

The 8th Annual Totally Tables was held in April 2015. We had seven \$1,000 sponsors. We raised \$31,936 for our mission through table sponsorships, paddle game, wine grab, silent auction and live auction.

The 4th Annual Classic Car and Bike Cruise was held in September 2015. We had twenty-six sponsors. The event raised \$7,335 for our mission in rural Cass County

The 3rd Annual Commodity Donation Program, "Crops for Care" was held in the fall of 2015. With the support of local farmers, we raised \$1,177.88 to provide care for older adults in rural Cass County.

Our annual membership drive was held in November and December. Through the support of individuals, businesses and organization, we received \$16,230 in membership support.

Giving Hearts Day 2014 was held in February. We raised \$24,725.25 through this one-day online giving event. Several new donors contributed on GHD to support our mission.

All of these events are opportunities to raise funds for our mission. More importantly, they are opportunities to raise awareness of our programs and services among area residents while building relationships.



Being a senior citizen now there are times when I need someone to help me with business and medical letters that are difficult for me to understand. Living alone now, having this support from this organization means a great deal to me. That support gives me peace of mind.
- C pf Care Client

Love your services!
Client