



Community of Care

"Caring for our older adults by partnering with rural communities"

COMMUNITIES SERVED

Absaraka
Alice
Amenia
Argusville
Arthur
Ayr
Buffalo
Casselton
Chaffee
Davenport
Durbin
Embden
Erie
Gardner
Grandin
Harwood
Hickson
Horace
Hunter
Kindred
Leonard
Lynchberg
Mapleton
Page
Prosper
Tower City
Wheatland

2023 IS A MILESTONE YEAR FOR COMMUNITY OF CARE!

2023 marks a big milestone for Community of Care...we are 20 years old!! What began in 2003 as the vision of Dr. Judy Ryan, the CEO of Good Samaritan Society, has grown and expanded to serve older adults throughout rural Cass County. Community of Care is the model many other communities want to emulate.

The leap of faith taken by the Good Samaritan Society to launch this pilot project in 2003 has produced much fruit. Hundreds of older adults throughout rural Cass have been assisted to remain in their rural homes because of the services we provide.

When asked about the 20 year anniversary, Jane Strommen the first Executive Director replied, *"It has been absolutely heart-warming to see Community of Care continue to grow and thrive over the past 20 years. Many people's lives have been positively impacted because of dedicated staff, volunteers, board members, donors, and community members who have embraced the vision and mission of this unique organization dedicated to serving older adults and their families. From the very*



early days, the community ownership and commitment have been central to Community of Care's success. I have no doubt it will continue to thrive."

Community of Care is excited to see what the next 20 years will bring. As a community-based organization, we continue to grow and adapt to serve the needs of the LOCAL communities.

THANK YOU for your partnership in improving the lives of older adults in rural Cass for the past 20 years.... we couldn't do this mission without our local volunteers, donors & cheerleaders!

communityofcarnd.com
facebook.com/communityofcarend

THE 16TH ANNUAL TOTALLY TABLES WAS A RECORD BREAKER!

What do you get when you put 240 people in a room with 30 decorated tables, a silent auction, paddle games, wine wall, live auction and Fund A Need Auction.....AN EVENING FILLED WITH ENERGY, EXCITEMENT AND GENEROSITY!!

We were THRILLED with the excitement of the evening and humbled by the generous support for our mission.

Max Steffes did a wonderful job encouraging bids. Thank you to Max & Steffes Group for your partnership. Dinner was catered by Concordia Catering & served by the Forness family. Community of Care made a donation to support Brad Forness in his recovery.

A big THANK YOU to everyone who sponsored a table, donated an auction item, attended the event, purchased an auction item or made a Fund A Need Donation. It was an incredible evening! All the funds raised will assist older adults remain in the rural Cass County homes they love!

The \$1,000 table sponsors & Fund A Need match donors are listed on page 6.



**ABOVE: THE PADDLE GAME IS ALWAYS A HIT
MAX STEFFES FROM STEFFES GROUP
BELOW: PEOPLE'S CHOICE WINNER
"RACK 'EM UP" -BUFFALO CREEK EQUIPMENT
LEFT: HOLIDAY YOU WAY WINNER
"BACKYARD SUMMER" -CASS COUNTY FARM
BUREAU DECORATED BY CHELSIE SKUNES**





CAREGIVER SUPPORT GROUP

In partnership with the Alzheimer’s Association, we are sponsoring a monthly Caregiver Support Group. This group will meet on the 2nd Thursday of each month from 10 - 11 AM at Westminster Presbyterian Church - 242 6th Ave N in Casselton. The first class is Thursday, June 8th. Our Faith Community Nurse, Cindi Godbout will be co-leading the group. For information on the group, contact Cindi at our Casselton office: 701-347-0032.



RURAL CASS ROOTS SOCIETY

Having deep roots is important to growing crops, vegetables, trees, etc. Roots are also important to people. We may move to another part of the state, country or world, but our ROOTS are the important places that helped to form us as individuals.

In honor of our 20th anniversary, we are launching the Rural Cass Roots Society (RCRS). This is an opportunity for individuals whose “roots” are in Rural Cass. We will be inviting people who grew up in rural Cass, graduated from a rural Cass school & who call rural Cass HOME to support our mission.

We will be asking our clients, volunteers & friends of Community of Care to invite others to make a donation to support our mission. Their gifts will help older adults “back home” to remain in those communities they love. Your help in inviting your adult children, siblings, cousins, nieces, nephews, high school classmates, etc.



to support of Care’s mission will help to establish the ROOTS of our Rural Cass Roots Society. Watch for more details in September....please be thinking of who YOU will invite to join the RCRS!

ARE YOU INTERESTED IN JOINING OUR VOLUNTEER TEAM?

We are blessed to have dedicated transportation volunteers to provide rides for our clients. There are “cycles” of volunteers—snowbirds, spring planting, lake season, harvest, etc. In order to meet the transportation needs of our clients throughout these “seasons”, we are always looking to add additional volunteers to our team. Do you have a heart for older adults and the rural way of life? Do you have some extra time available to provide rides to medical appointments for an older adult? Each ride provided helps an older adults attend their medical appointment, an important element in their ability to remain in the rural Cass County home they love. If you



are interested in learning more, contact Tammy Schempp at our Casselton office 701/347-0032.





SUMMER SOCIALIZATION EVENTS

Gathering with other people is important for all of us. Summer provides opportunities for older adults to gather....we don't have to worry about snow and ice on the roads!! Our Care Coordinator Lauren is planning several events for older adults throughout rural Cass. Dates are still being decided, so be sure to check our Facebook page or your local senior club. These are the events being planned for older adults throughout rural Cass this summer....

- Thursday, June 22nd—RedHawks game @12:30
- We have 50 FREE tickets for older adults. They are first come, first serve.
Call our Casselton office to reserve your ticket. 701/347-0032 We are looking for people willing to carpool to the game. Parking is \$3/vehicle.
- Picnic at Brewer Lake - July
- Picnic in Leonard - July
- Movie Day at Page Theater - mid-August
- Crafting Day - August



BONE BUILDER CLASSES



Exercise class. Participants report improved mobility, balance, strength & socialization. New members are always welcome to join the classes at these times & locations.

ARTHUR (METHODIST CHURCH)
Mon & Thurs.— 9:45 AM

CASSELTON (CITY HALL)
Tues. & Thurs.— 2 PM

HARWOOD (COMMUNITY CENTER)
Tues. & Thurs.— 1 PM

HORACE (SENIOR CENTER)
Mon. & Thurs.— 10 AM

HUNTER (GRAIN OFFICES)
Mon. & Thurs. - 10 AM

KINDRED (CITY HALL)
Mon. & Fri.—10:30 AM

Mark your calendars for Tuesday, October 3rd. That is the day for the annual Senior Day in Casselton, sponsored by the Casselton Business Association.

Sr. Day includes displays & presentations on topics relevant to older adults. The event is open to older adults from throughout rural Cass County. Watch your senior clubs, the Reporter & Community of Care Facebook page in late August for details.

WHY SHOULD YOU CALL COMMUNITY OF CARE?



Community of Care

Community of Care serves older adults in rural Cass County with the goal of assisting them to remain in their homes as long as safely possible.

These are some of the services we provide, give us a call at 967-8502 (Arthur) or 347-0032 (Casselton) to learn more.

- Facilitating a ride to your medical appointment
- Care Coordination to assist in finding resources and services
- Visits with our Faith Community Nurses to help understand your medical concerns
- Assistance reviewing your Medicare Part D drug plan during open enrollment
- If you are turning 65, give us a call for help to select your Part D plan
- Assistance finding information and resources to care for your aging parents
- Help completing a fuel assistance form
- Exercise classes to improve mobility, strength and balance.
- Assistance completing your Advance Care Directive

HEALTH SCREENING FAIR

The Casselton Health Cabinet is sponsoring the 2nd Annual Health Screening Fair on Tuesday, October 10th, from 10 AM to 2 PM at Martin's Lutheran in Casselton.

This is an open house event and will include the following screenings provided by



NDSU Nursing & Pharmacy Students, MSUM Speech Therapy Students, Jamestown Physical Therapy Students, Concordia College Dietetic students & local nurses:

- Hearing Screening**
- Memory Screening**
- Fall Risk**
- Medicine Review**
- Blood pressure, oxygen, sugar & pulse screening**
- Nutrition Education**



THANK YOU FOR GRANTS RECEIVED IN THE LAST 12 MONTHS

North Dakota Department of Human Services

Alex Stern Foundation

BNSF Railroad Foundation

Casselton Community Foundation

Casselton Community Medical Foundation

Johnson-Iwen Community Fund for Arthur Area

NDSU Extension/MACP

Operation Round-Up (Cass County Electric)



FM Area Foundation
Connecting people and purpose.



TOTALLY TABLES \$1,000 SPONSORS



The Arthur Companies



THANK YOU TOTALLY TABLES FUND A NEED MATCH DONORS

HARVEST SPONSORS

Anonymous
Brooks and Taylor Burgum
Doug and Kathryn Burgum
Glen and Melissa Grommesh
Michael and Katie Howe



BUSHEL SPONSORS

Aim Ag and Drainage
Bonanza Ag
Cass County Electric
Essentia Health
Kindred State Bank
Kindred Storage
John and Megan Williams

Casselton Community
Medical Foundation

Fredrickson-Boulger
Funeral Chapel

ACRE SPONSORS

Agveris
Butler Machinery
Casselton Drug & Floral
Dakota Heritage Bank
Erickson Tax Service
Gordy's
Hunter Insurance

JTD Construction
OnSharp
Readi Tech

Medicine Shoppe
Pharmacy in Horace

SPROUT SPONSORS

North Star Ag
Polar Telephone

Page Community Club

BOARD OF DIRECTORS

Susan Stibbe, Chair—Hunter
Joe Moore, Vice Chair—Arthur
Mary Gohdes, Secretary—Mapleton
Brian Arett—Valley Sr. Services Fargo
Stacey Cramer—Casselton
Paula Glasow—Davenport
Pam Nelson—Casselton
Jill Roden—Casselton
Kevin Skunes—Arthur
Adele Smith—Tower City

MEMORIALS & HONORARIUM

November 1, 2022 - May 12, 2023

Thank you to everyone who donated in honor or memory of someone. All other donations from November 1, 2022 through October 31, 2023 will be included in the winter newsletter. (including memorials given on Giving Hearts Day)

In Honor of Grandma Gertie's 100th birthday

Dana Hager

In Honor of Duane & Merle Egeberg

Roger & Karen Egeberg

In Honor of Grandpa Dick Sinner

Brad and Shelly Sinner

In Memory of Adeline Murch

Bill and Mary Beth Engelke

Brian and Peggy Ward

Mike and Dawn Holm

Mike Sjursen

In Memory of Al Kaufman

Dale & Loree Halverson

Dick & Irene Sinner

Judy Orvik

In Memory of Ann Rieniets

David and June Calderwood

Carol Radermacher

Dale & Loree Halverson

Judy Orvik

In Memory of Anne Bresky

Brad and Erin Olstad

In Memory of Arlis Pflugsten

Dallas & Paula Glasow

In Memory of Arvid Olson

Kelly Olson

In Memory of Bernell Rieck

Dave and Marie Piper

In Memory of Bessie Hohnadel

Brad Hohnadel

In Memory of Beth Moore

Agri Valley Insurance

Andy and Lisa Steinberger

Art and Beth Buchholz

Bob and Tammy Schempp

Dale & Phyllis Lincoln

Dan and Mary Zimmerman

Eric & Char Pueppke

Gina Timmerman

Jalen Burchill

Jeff & Anne Peltier

Joe and Dawn Moore

Kayla Wilner

Keith and Cathy Peltier

Ken and Cindy Hejl

Kevin Moore

Mike & Ann Faught

Mike and Dawn Holm

Myrna Hanson

Dallas & Paula Glasow

Rodney and Kathy Nelson

In Memory of Bette Hovelson

Dallas & Paula Glasow

In Memory of Betty Brekkan

Julie Wanzek

In Memory of Betty Hersch

Richard and Karen Smith

In Memory of Bill and Bev Grieve

Maxine Grieve-Rognlien

In Memory of Bob and

Kate Monilaws

Tom and Patty Monilaws

In Memory of Bob Volk

Judy Orvik

In Memory of Carol Weiner

Mary Gohdes

In Memory of Chris Van Hal

Edward Van Hal

In Memory of Chuck & Joyce Ross

Floyd & Louise Longlet

In Memory of Cindy Fontaine

Judy Orvik

In Memory of Clair Kingsley

Dale & Phyllis Lincoln

Ken and Cindy Hejl

Maggie Foster

In Memory of Curt Punton

Cathrine Punton Wilson

In Memory of Dale Erickson

Bonnie Erickson

Brian and Peggy Ward

Carmen Sorenson

Dale & Phyllis Lincoln

Kenneth and Bonnie Hochhalter

Myrna Hanson

Richard and Karen Smith

Susan Stibbe

In Memory of Dean Merhy

Dallas & Paula Glasow

In Memory of Dean Saewert

Dallas & Paula Glasow

In Memory of Delores Meyer

Virginia Schobinger

In Memory of Dick & Marge Gallup

Bob & Tammy Schempp

Duane & Paula McIntyre

Harvey and Mary Morken

Marlyce Pyle

Mike and Pam Nelson

Myrna Hanson

Susan Stibbe

Zach and Lauren Prante

In Memory of Don Havelange

Kenneth and Bonnie Hochhalter

Mike Sjursen

In Memory of Don Holm

Art and Beth Buchholz

Tracy and Mike Anderson

In Memory of Don Kensok

Dallas & Paula Glasow

In Memory of Donna Sikorski

Dallas & Paula Glasow

In Memory of Dorion Anderson

Wade and Michelle Anderson

In Memory of Duane Turchin

Joan Turchin

In Memory of Elberta &

Merlyn Anderson

Douglas Anderson

Tamara Anderon

In Memory of Ethan Jendro

Carol & Joey Nilles

In Memory of Frank and

Ramona Sattler

Jeanette Haugen

In Memory of Gary Blixt

Cindy and Mark Voss

In Memory of Gerry Huwe

Gary and Delores Grommesh

In Memory of Gladys Jorgenson

Judy Orvik

In Memory of Hank Weber

Arlo & Doris Anderson

Carol Radermacher

Dale & Loree Halverson

Dallas & Paula Glasow

David Strand

Mike and Pam Nelson

Roland & Karen Prieue

In Memory of Harvey Wheeler

Mert & Shelle Palmer

In Memory of Janice McLean

Dale & Loree Halverson

Harvey and Mary Morken

In Memory of Janice Muscha

Bob and Mary Christiansen

Bob and Tammy Schempp

Carol & Joey Nilles

Dale & Loree Halverson

Dick & Irene Sinner

Don and Karen Giermann

Dorene Nelson

Gary and Joan Lee

James and Sandy Bowles

Joe and Robin Morken

Judy Orvik

Kenneth and Bonnie Hochhalter

Margaret Kensok

Monique Brandvig

Myrna Hanson

Richard Muscha

In Memory of Jason Schatzke

Carol Radermacher

Dallas & Paula Glasow

Dave and June Calderwood

Dick & Irene Sinner

Donald & Mary Ellen Nilles

Sandy McCune

Tanya Schatzke

In Memory of Jay Johnson

Mike Krabbenhoft

In Memory of Jeanne Olson

Court and Arlene Hanson

Grace Peterson

Mike Sjursen

In Memory of Joann Larson

Kenneth and Bonnie Hochhalter

In Memory of Joanne Iwen

Brian and Peggy Ward

Donna Monteith

Gina Timmerman

Rachel Kupfer

In Memory of John R Miller

Linda Miller

In Memory of Joyce &

Charles Ross

Art and Beth Buchholz

In Memory of Juanita Hodgson

Dale & Phyllis Lincoln

Maggie Foster

In Memory of Kathy and

Larry King

Char and Craig King

In Memory of Karen Sorby

Dallas & Paula Glasow

In Memory of Kathleen Bakke

Linda Bakke

In Memory of Kathleen Nelson

Peggy Sue Paul

Rick and Jody Burgum

Scott Kroeger

Susan Stibbe

Tom and Shelly Burchill

In Memory of Kenny Hanson

Butch Huwe

Dale & Phyllis Lincoln

Kenneth and Bonnie Hochhalter

Mike and Dawn Holm

Mike Sjursen

Scott Kroeger

In Memory of Larry Zaun

Mike and Pam Nelson

Virginia Schobinger

In Memory of Lloyd Knight

Deloris Knight

Roland & Karen Prieue

In Memory of Lou Pyle

Dave and June Calderwood

Mike and Pam Nelson

In Memory of Marlys Rohde

Don & Audrey Cramer

In Memory of Maynard Niskanen

Judy Orvik

In Memory of Mildred Hansen

Deloris Knight

In Memory of Michael Jacobson

Jennifer Jacobson

In Memory of Norma Warrey

Dallas & Paula Glasow

Ellen Sterner

John Barnes

John and Teresa Gulleson

Judy Orvik

Larry and Margaret Hoffmann

In Memory of Pearl Radloff

Arnold and Barbara Buhr

Bob and Tammy Schempp

Brenda and Scott Radloff

Carol & Joey Nilles

Carol Radermacher

Dale & Loree Halverson

Darrell and Gail Discher

Dave and June Calderwood

David Warrey

Dick & Irene Sinner

Don and Karen Giermann

Douglas & Linda Otterson

Ellen Sterner

Gary and Joan Lee

Jon and Lisa Baumler

Judy Orvik

Kaylyn Grommesh

Ken and Toni Eraker

Kristin Hoyme

Larry & Gail Bakko

Mark and Jackie Baumga1ien

Mary Gohdes

Melissa Discher

Myrna Hanson

Patricia Gegelman

Rebecca Baumgarten

Tom and Jill Roden

In Memory of Rita Bush

Amy Bush

In Memory of Robert and Lorraine

Kapaun Renee Kapaun

In Memory of Roberta Harris

Emily Hajicek

In Memory of Ruth Kasowski

Carol & Joey Nilles

Carol Radermacher

Dick & Irene Sinner

Don and Karen Giermann

Jean Madsen

Jeff and Joanne Seifert

Ken and Cindy Hejl

Mike and Pam Nelson

Robert and Sharon Stevens

In Memory of Shirley Marek

Beulah Sears

In Memory of Sue Buhr

Virginia Schobinger



PO Box 187
Arthur, ND 58006

NON-PROFIT ORG
U.S. POSTAGE
PAID
FARGO, ND
PERMIT NO. 117

ECRWSS

Staff

Myrna Hanson, Executive Director
mhanson@communityofcarend.com

Lauren Prante, Care Coordinator
lauren@communityofcarend.com

Tammy Schempp, Volunteer Coordinator
tammy@communityofcarend.com

Gwen Fraase, Faith Community Nurse - Northern Cass
gwen@communityofcarend.com

Cindi Godbout, Faith Community Nurse-Casselton
cindi@communityofcarend.com

Monique Brandvig, Bookkeeper
monique@communityofcarend.com

Casselton Office

PO Box 73
(inside BankNorth)
Casselton, ND 58012
701.347.0032

Arthur Office

PO Box 187
(inside the Arthur Mall)
Arthur, ND 58006
701.967.8502

communityofcarend.com

LOCAL POSTAL CUSTOMER

Printed By **SHORTPRINTER**

12th ANNUAL CLASSIC CAR/BIKE CRUISE

Mark your calendar and plan to join us for our 12th annual classic car & bike cruise. **This year's cruise is SUNDAY, JULY 30TH, during Summerfest.**



Registration is at 9AM at the Casselton Veterinary Clinic (south side of town on Hwy 18). Pedals down & kickstands up at 9:30AM. The route is still being determined—watch our Facebook page and website www.communityofcarend.com for details. **What a great way to spend a Sunday afternoon in July.....go for a ride in your classic car or on your motorcycle while you help us "Drive Miss Daisy!"**

Communityofcarend.com



CommunityofCareND



@CofCare