



# Community of Care

*"Caring for our older adults by partnering with rural communities"*

## COMMUNITIES SERVED

Absaraka  
Alice  
Amenia  
Argusville  
Arthur  
Ayr  
Buffalo  
Casselton  
Chaffee  
Davenport  
Durbin  
Embden  
Erie  
Gardner  
Grandin  
Harwood  
Hickson  
Horace  
Hunter  
Kindred  
Leonard  
Lynchberg  
Mapleton  
Page  
Prosper  
Tower City  
Wheatland

## SOME WORDS FROM OUR VOLUNTEERS

We recently had a conversation with some of our volunteers about their experiences with Community of Care. Carolyn Thoen and Jeanne Johnson have led the Bone Builder class in Kindred since it started 4 years ago. They are dedicated to their class and make it fun for all those who attend. When asked what she enjoys as a volunteer, Carolyn shared, *"The satisfaction they want to be here, there is a friendship and comradery."* Jeanne stated, *"The class is about friendships. We appreciate and care for each other."*

Bob & Mary Christianson are two of our loyal transportation volunteers from Casselton. They have provided numerous rides bringing people to their medical appointments. Mary recently started as one of the leaders for the Casselton Bone Builder class. They both said they enjoy giving rides for people and meeting new clients. The rides provide important transportation to medical appointments, but they also provide socialization for our clients. When asked about what happens on a ride, Mary said, *"We talk and get to*



Mary & Bob Christianson, Casselton

*know the people"* while Bob stated, *"There are some who live alone and don't have a lot of people to visit with."*

When asked what they enjoy about volunteering, Bob said, *"It's gratifying to be able to do something for someone else."* Mary was asked what she would tell a potential volunteer. Her response was, *"Just do it. You will be rewarded in knowing you are doing something that matters to someone else."* Bob summed up our transportation program by saying, *"It allows some people to remain living in rural Cass and still get to their doctor appointments."* Bob and Mary both said the clients are very thankful for the services provided by Community of Care and our volunteers.

*To learn how YOU can volunteer, call our office at 701.347.0032.*



Carolyn Thoen & Jeanne Johnson, Kindred Bone Builders

*"The best way to find yourself  
is to lose yourself in the  
service of others."  
Mahatma Ghandi*



**THANK YOU** to everyone who helped make our 14th annual Totally Tables a big success! It was wonderful to gather in person on August 5th. Twenty-nine decorated tables, silent auction, paddle game, wine wall, dinner catered by Concordia, live auction and the Fund-A-Need auction provided fun and excitement....all while supporting Community of Care's mission in rural Cass. **We are HUMBLLED by the generous support.** Special thank you to those who donated items for our silent and live auctions and our table sponsors. **We had a record number of \$1,000 table sponsors—lucky 13! Their logos are listed on page 7.**



**Elm River Credit Union provided a wonderful surprise during Totally Tables. Erin Olstad, CEO, presented a check for \$10,000 in honor of retirements from their organization.** We were speechless and very humbled by their generous donation. Pictured (right) are Erin Olstad, CEO, and Randy Cramer, Board Chair, presenting a check to Myrna Hanson.



**Most Elegant - Skunes Farms**



**People's Choice - Jan & Paul Faught**



**Most Creative - Mary's Market**



**Hagen Dental got in the spirit of the '20's themes table!**



*Mark Your  
Calendars*

**for Friday, April 22, 2022 for the 15th Annual Totally Tables! It's Earth Day and the date is 4/22/22 so there should be some fun and creative tables!**





## **DID YOU KNOW 6 OUT OF 10 FALLS TAKE PLACE IN THE HOME?**

**HERE ARE SOME WAYS YOU CAN  
HELP PREVENT FALLS AND  
ENSURE YOUR SAFETY**

- Install handrails on both sides of the stairs
- Make sure there is good lighting with switches at both top & bottom of stairs and both ends of hallways
- Install grab bars near toilets, inside and outside of tubs and showers
- Put nightlights & light switches close to your bed
- Keep electrical cords near the wall and away from walking paths.



Medicare Part D drug plan open enrollment continues through December 7th. We recommend people review their Part D plan every year to ensure you are on the most cost-effective plan. Call our office to schedule your appointment.

**701-347-0032 or 701-967-8502**

## **VOLUNTEER APPRECIATION EVENT IN LEONARD PARK**



**THANK YOU TO ALL OUR VOLUNTEERS! WE COULD NOT  
PROVIDE THE SERVICES WE DO WITHOUT YOU.**



**Thank you to Jan Faught,  
Volunteer Coordinator,  
for her service with Community of Care.**

Jan resigned to take a full-time position.

Her last day was October 29th.

Jan did a wonderful job caring  
for our clients & volunteers.

We are in the process of hiring a 20 hour/  
week Volunteer Coordinator.

**Call 347-0032 to request a ride and staff  
will assist to arrange for a driver.**





## THANK YOU TO EVERYONE WHO JOINED US FOR THE 10TH ANNUAL CAR & BIKE CRUISE!

We had a great cruise through Minnesota lakes country and lunch at TJs Bistro.  
Our cruise sponsors are listed on page 6.



## Giving Hearts Day

Help someone.

**Mark your calendars for  
THURSDAY, FEB. 10, 2022 for  
GIVING HEARTS DAY!**

**Will YOU be a part of this exciting day to support our mission in rural Cass?  
Will YOU invite friends and family to join you in donating?**

**Think of those with rural Cass County roots who might live in other parts of the region or country.**



## BOARD OF DIRECTORS

**Susan Stibbe, Chair—Hunter**

**Kevin Skunes, Secretary—Arthur**

**Stacey Cramer—Casselton**

**Mary Gohdes—Mapleton**

**Jill Roden—Casselton**

**Joe Moore, Vice Chair—Arthur**

**Brian Arett—Valley Sr. Services Fargo**

**Paula Glasow—Davenport**

**Pam Nelson—Casselton**

**Adele Smith—Tower City**



Dear Friends,

In mid-October, I went home for the day. My parents are both gone, so I don't go home very often. *Driving by our family farm and stopping at the cemetery at our little country church always brings back special memories.* A cup of coffee and visit with a neighbor to catch up on life back home felt good. On my drive back that afternoon, I thought about many fond memories from my childhood growing up in Brenna Township, shed a few tears, smiled and chuckled to myself.

My guess is you have many fond memories from your home or perhaps your grandparents' home. *We know that older adults in rural Cass County have decades of memories from their rural Cass County home and community. Their homes and communities provide comfort and a sense of belonging.* They want to continue living in those homes and building more memories with their family and friends.

Community of Care works every day to assist older adults remain in those homes they love as long as safely possible. *We are able to provide programs and services because of YOUR support.* Community of Care's mission is "caring for older adults by partnering with rural communities." For the past 18 years, local residents, organizations and businesses have supported our mission and helped older adults continue to say, *"There's no place like HOME in rural Cass County."*

*Every year we are humbled and blessed by the support YOU provide, this year is no exception.* As you plan for your 2021 year-end giving, we ask for your support as a 2022 member. There are no requirements; *membership comes with the joy in knowing you are helping a Grandma, Grandpa, neighbor or friend continue to call rural Cass HOME.* A membership envelope is enclosed for your convenience. *You can also make your donation online at [communityofcarend.com](https://communityofcarend.com) (click the blue DONATE button).*

In the last few weeks of 2021, each of us will make our plans for year-end charitable giving. We ask you to consider a tax-deductible gift to Community of Care. *YOUR GIFT will enhance the quality of life for older adults in rural Cass County and allow them to continue making memories in the homes and communities they love.*

Sincerely,



**Myrna Hanson**

Executive Director

**P.S. - The Cares Act includes a clause allowing non-itemizers to deduct up to \$300 of their cash donations to charitable nonprofits. Will you consider making a larger membership donation to Community of Care in 2021 to maximize the Cares Act deduction?**



# DONATIONS & CONTRIBUTIONS

May 1 - October 15, 2021

## CHARITABLE CONTRIBUTIONS

Alvin Nagel  
Austin & Carmen Laeger  
BankNorth  
Bernice Peihl  
Bill Kent  
Bob & Jean Steffes  
Brian & Kim Nelson  
Charities Aid Foundation of America  
Cheryl Donegan  
Dallas & Paula Glasow  
Donna Myers  
Dorene Nelson  
Gary & Diane Bommersbach  
Glenn Pueppke  
Hank Weber  
Jason & Sharon Kaseman  
Jerry & Rhonda Lindseth  
Joan Turchin  
John Mrozla  
John & Jan Irby  
Judith Ryan  
Kim Strehlow  
Marilyn Thompson  
Marlin Foss  
Rebecca Wood  
Richard & Karen Smith  
Richard Voeller  
Robin Johnson  
The Benevity Comm. Impact Fund

## CROPS FOR CARE

David & Marie Piper

## HONORARIUMS

### IHO MARISA KINGSLEY'S GRADUATION

by Paul Kingsley

### IHO RAMONA FRAASE

by Robin Sprou

## MEMORIALS

### BARRY REITAN

Judy Orvik  
Martins Lutheran Church

### BILLY FISH

Lloyd & Deloris Knight

### BOB MCDONAGH

Bob & Mary Christiansen

## MEMORIALS

### BONNIE RINGSTAD

Bonnie Ringstad Family  
Craig Liebelt  
Dean & Lanette Johnson  
Myrna Hanson  
Ron & Gwen Fraase

### CAROL MERGNER

Dale & Phyllis Lincoln

### CHERYL HUBER

Maggie Foster

### CLARK BAUMGARTEN

Dale & Loree Halverson  
Dallas & Paula Glasow

### CLAUDIA VON BANK

Brenda & Scott Radloff

### DALE SHIELDS

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Lowell Albert  
Maggie Foster  
Myrna Hanson  
Norman & Elaine Heidorn

### DUANE BARTHOLOMAY

Roland & Karen Priewe

### HAROLD BURLEY

Lloyd & Deloris Knight

### IONE RINGDAHL

Butch Huwe

### JAMES GEBEKE

Butch Huwe

### JERRY WILHELM

Ken & Cindy Hejl

### JOHN TATE

Grace Petersen

### JOYCE HOLMES

Audrey Roach

## MEMORIALS

### KEN SCHUR

Mert & Shelle Palmer

### LEO WERLINGER

Dick & Irene Sinner

### LISA JOHNSON

Carol Radermacher

### LLOYD SHULZ

Carol Radermacher

### LOIS SINER

Carol Radermacher  
A Jane Sinner  
Judy Orvik  
Ken & Cindy Hejl

### MADELYN SMITH

Harvey & Mary Morken

### MARLENE ANDERSON

Judy Orvik

### PHYLLIS SULLIVAN

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Kenneth & Bonnie Hochhalter  
Ken & Cindy Hejl

### RANDY MOEN

Char & Craig King

### ROBERTA TEEGARDEN

Grace Petersen

### STEVE BEILKE

Ralph & Cleo Thompson

### WESLEY MOTSCHENBACHER

Alvin and Carol Lien

## MEMBERSHIPS

A. Jane Sinner  
John Reichert

## CAR/MOTORCYCLE CRUISE

### \$1000 SPONSORS



### \$500 SPONSORS

Casselton Pizza Ranch, Inc.  
Earl's Repair  
Jerry's Excavating, Inc.  
Knights of Columbus  
Peterson Farms Seed  
Petro Serve  
Prairie Winds Veterinary Center  
Veterans Incorporated

### \$250 SPONSORS

Agveris Inc  
Casselton Cold Storage  
Chaffee Lions  
Howe Seed Farms  
Hunter Grain Company  
Moore Engineering, Inc.  
Weber Insurance Agency, Inc.

### \$100 SPONSORS

Allen & Bonnie Nepstad  
Car Doctor  
Cass County Mutual Insurance  
Casselton Veterinary Service, Inc.  
Davis Chiropractic  
DJ Plumbing  
Killoran Trucking LLC  
Polar Communications  
Unity Seed Company  
Waslien Cramer Agency

### DOOR PRIZE SPONSORS

Donna Monteith  
Gordy's, Inc.  
Hardware Hank  
Heart & Hands Massage  
Sturdevant's



## \$1000 TABLE SPONSORS



## TOTALLY TABLES FUND-A-NEED

Adrian and Sue Keiffer  
 AIM AG LLC  
 Amily Jones  
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 Brad Sessler  
 Brian Arett  
 Carlene Paulson  
 Cathy Merhiy  
 Cindy Larson-Casselton  
 Cole and Mary Jendro  
 Corey Hoglund Household  
 Craig & Elizabeth Bjur  
 Cris and Scott Stokke  
 Dale & Lori Bjerke  
 Darlye and Vicki Teske  
 Dave and Marie Piper  
 David Meyer Household  
 Dennis and Sharon Nelson  
 Doug and Nancy Rensvold  
 Doug Burgum Family Foundation  
 Elm River Credit Union  
 Gabe Kost  
 Hagen Dental  
 Heart & Hands Massage  
 James & Kristen Williams  
 Jim & Gwen Howe  
 Joe and Dawn Moore  
 John & Liesa Stibbe  
 John Hejl  
 Julie Burgum  
 Kari Joachim  
 Kent & Tammy Costin  
 Kevin and Emily Karel  
 Kip and Nancy Kaler  
 Kraig Bittner & Leah Boock  
 Lisa Hoffman  
 Lori Martindale  
 Mary Lou Hejl  
 Matthew & Erin Moxness  
 Matthew and Quaya Ackerman  
 Micki Skunes  
 Mike and Joan Thiel

Mitch and Cindi Godbout  
 Myrna Hanson  
 Ohnstad Twichell P.C.  
 Page Agronomy & Seed  
 Page Community Club  
 Patrick and Chelsie Skunes  
 Paul & Jan Faight  
 Petro Serve  
 Preston and Joy Steen  
 Rebecca Kingsley  
 Ron and Gwen Fraase

Shanna Hegstad  
 Shannon Bueche  
 Sonja Jensen  
 Stacey and Scott Cramer  
 Steve and Dawn Faight  
 Susan Stibbe  
 Todd Viken  
 Tom and Susan Iwen  
 Tonya and Dean Giermann  
 Troy Gust & Wendy Moore  
 Whitney Dettler



# Thank You

to everyone who

**supported our mission! Your financial gifts are at work caring for older adults in rural Cass.**

## THANK YOU FOR GRANTS RECEIVED IN THE LAST 12 MONTHS

Dakota Medical Foundation  
 FM Area Foundation  
 United Way of Cass-Clay Counties  
 North Dakota Department of Human Services  
 Caring Foundation Blue Cross Blue Shield of North Dakota  
 Casselton Community Foundation  
 Johnson-Iwen Community Fund for Arthur Area  
 Operation Round-Up Cass County Electric



CommunityofCareND



@CofCare





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### Staff

**Myrna Hanson, Executive Director**  
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lauren@communityofcarend.com

**Volunteer Coordinator - VACANT**

**Gwen Fraase, Northern Cass Faith Community Nurse**  
gwen@communityofcarend.com

**Cindi Godbout, Casselton Faith Community Nurse**  
cindi@communityofcarend.com

**Lanette Johnson, Bookkeeper**  
ljohnson@communityofcarend.com

### Casselton Office

PO Box 73  
(inside BankNorth)  
Casselton, ND 58012  
701.347.0032

### Arthur Office

PO Box 187  
(inside the Arthur Mall)  
Arthur, ND 58006  
701.967.8502

**communityofcarend.com**

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## WHY SHOULD I CALL COMMUNITY OF CARE

- You are an **older adult** living in rural Cass County
- You are an **adult child** looking for resources to care for your aging parent living in rural Cass County
- You want to review your **Medicare Part D** drug plan or you are turning 65
- You need a **ride to your medical appointment**
- You need **assistance with paperwork** (fuel, food or prescription assistance)
- You have a question about your medical condition (**Faith Community Nurses** serves in northern Cass & Casselton)
- You would like information about a **Bone Builder exercise class**
- You are looking for **information** regarding in-home services
- You want to update your **Advance Care Plan**

**THESE ARE JUST A FEW OF THE SERVICES THE  
COMMUNITY OF CARE STAFF PROVIDE**

Communityofcarend.com



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