



Winter 2014

# Community of Care

[www.communityofcarend.com](http://www.communityofcarend.com)

*“Caring for people by partnering  
with rural communities”*

## COMMUNITIES SERVED

Absaraka

Alica

Amenia

Argusville

Arthur

Ayr

Buffalo

Casselton

Chaffee

Davenport

Durbin

Embden

Erie

Gardner

Grandin

Harwood

Horace

Hunter

Kindred

Leonard

Mapleton

Page

Tower City

Wheatland

## There's No Place Like Home....

Do you remember Dorothy clicking her red heels in the movie, “The Wizard of Oz” saying those words, *“there’s no place like home...there’s no place like home.”*

For our clients in rural Cass County, they might not be clicking their red heels, but they share the same sentiment! Their rural homes are the places filled with memories, possessions, familiarity and comfort. There is “no place like home.”

**Your donations are helping provide peace of mind for rural Cass residents so they can continue saying “there’s no place like home!”**

When asked if the services you help pro-

vide assist them to remain in those rural homes they cherish, some of our clients expressed their feelings with these words:

- “You will never know how much your help is appreciated! It is difficult to ask for assistance. Your staff has been so helpful
- and kind. Makes it so much easier to call. Keep up the excellent work you do for we elderly. God bless”
- “I thank God for Community of Care.”
- “Thank you. Thank you. Thank you.”



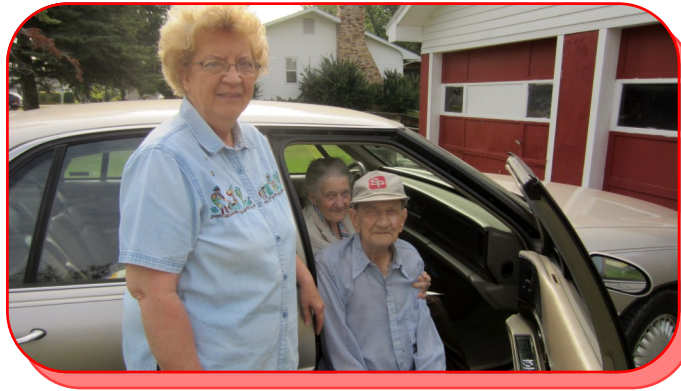
**There’s no place like home** for Neil McFarlane, pictured with Sandy Dooley & Melissa Oberlander

## YOU HELP US "DRIVE MISS DAISY" .....and also serve "Grumpy Old Men."

Are you a movie buff? Do you remember "Miss Daisy?" How about the "Grumpy Old Men?" **Thanks to your donations, our staff enjoys the relationships we develop with our clients.** We often find ourselves sharing a good laugh with our clients, including the "Grumpy Old Men." **We value and respect all of our clients and work**

**every day to assist them to remain in those homes they cherish.** Your supports allows our staff to facilitate rides to medical appointments, help complete a fuel assistance form, provide information or a referral for services, coordinate yard work and minor home repair, lead exercise classes, do blood pressure checks and re-view Medicare Part D drug plans. **Because of you, our staff assists older adults and often**

**share a light-hearted laugh with our clients.** We promise we won't leave a stinky fish in their backseat



Volunteer, Judy Orvik, provides a ride for "Miss Daisy" and one of our "Grumpy Old Men," Ramona and Frank Sattler

## Class does low impact activities and improves their balance!

A group of area residents gather every Monday and Thursday to improve their balance, strength, flexibility and cognitive skills. Even with all those benefits, they report the socialization as their favorite part! The class also includes a lot of laughter and joy! Are you curious what's happening? Join the Arthur Bone Builder class on Monday & Thursday from 10—11 AM in the Chapel of the Arthur Good Sam. A group at Casselwood Senior Living in Casselton is hoping for the same benefits! They meet from 2—3 PM on Tuesday and Friday. A leader has also been trained in Page and class will be starting during

November. Bone Builders is a low impact exercise program. New members are always welcome to join the classes. **Your support is providing health benefits and socialization for area residents.** Are there other communities interested in a class? Let our office know and we will explore the possibilities!

**"Our favorite part of the class is the socialization!"**



## HERE'S WHAT RURAL CASS RESIDENTS HAVE TO SAY.....

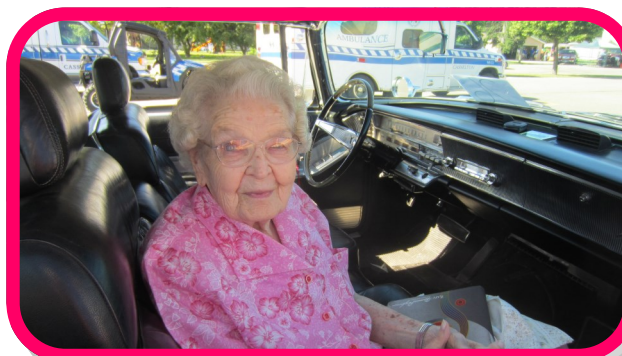
During last year's membership drive, we received the following note from some new members.

*"Thank you for your organization and the services it provides. Although we don't personally know anyone who benefits from these services, we have strong convictions about people helping people. Your goals*

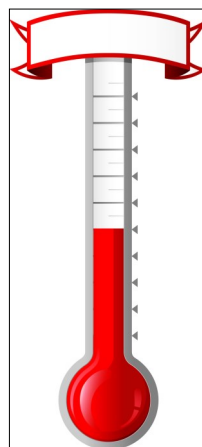
**"...we wanted to have a part in supporting your efforts"**

*and methods really resonate with us and we wanted, in some small way, to have a part in supporting your efforts."*

This couple wanted to join in caring for their rural neighbors. **Will YOU join them in supporting our mission?**



Myrtle Farrell was part of Community of Care's entry for the Cass County Summerfest Parade in July 2014. This was Myrtle, "Miss Daisy's" first time in a parade at age 105!



## DO YOU WANT TO LEAVE A LEGACY IN RURAL CASS COUNTY?

Would you like to care for your rural Cass neighbors during your lifetime and beyond? Donating to the Community of Care Endowment Fund will provide support for our mission for perpetuity. **Dakota Medical Foundation will match the first \$25,000 in contributions made by December 31, 2015.** Currently we have \$10,600 towards the match. Contributions of \$5,000 towards a qualified endowment provide the donor with a 40% North Dakota income tax credit. Contact Myrna Hanson, Executive Director, for more information. **Your gifts to our endowment will leave a legacy that will change lives in rural Cass County!**

Black Friday is November 28th....  
Cyber Monday is December 1st....

## GIVING TUESDAY IS DECEMBER 2ND.....

**Will you join us in  
supporting your  
favorite charities on  
GIVING TUESDAY!**



## "CROPS FOR CARE" PROVIDES "HARVEST" FOR OLDER ADULTS



- Sylvia gets a ride to see her doctor for important medical care
- Stan & Muriel get help completing a fuel assistance form so they will stay warm this winter
- Roger saved money on his medication

Rural Cass County farmers have been busy harvesting their crops. **Thanks to your donations, we have enjoyed a bountiful harvest at Community of Care!** Your contributions have provided these "crops":

after reviewing his Medicare Part D drug plan

- Esther improved her strength, balance and flexibility at Bone Builder class

These are just a few of the "harvests" you have helped provide. **Would you consider donating bushels of your crop to care for older adults in rural Cass?** It's simple to donate. Bring your grain, corn, sunflowers or soybeans to your local elevator. Let them know the number of bushels you are donating to Community of Care and the elevator will send us a check for "Crops for Care." You can donate any amount of commodities at any time during the year. **You will make a difference in the life of your neighbors and receive potential tax benefits.**



**THANK YOU** to those who drove in our 3rd Annual Car/Bike Cruise so we can continue "Driving Miss Daisy!"



Dear Friends,

**Do you know someone in rural Cass County who wants to stay in his or her home as they age?** We know many people who fit that description! They might be your parents, grandparents, friends or neighbors. **Thanks to your donations to Community of Care**, we work every day to help rural Cass County residents stay in their homes as long as safely possible.

- We hear the **calm** in peoples' voices when we call to tell them we have volunteer transportation arranged to take them to their medical appointments
- We see the **relief** on someone's face when our staff helps them complete their fuel assistance form
- We hear the **laughter** as they participate in an exercise class that improves their strength, balance and flexibility
- We see the **smiles** on peoples' faces as they have saved money through their Medicare Part D drug plan enrollment
- We get to hear and read the **thank you's** from grateful clients and family members

**Do you believe rural Cass County is a great place to live, no matter what your age?**

**Do you believe that rural Cass County is a great place to live, no matter what your age?** We do! Would you join us in helping rural Cass County residents remain safely in the homes and communities they love? Community of Care does not charge for our services. We provide services to anyone, regardless of their economic situation. **Your membership support helps to meet the needs of your family members, friends and neighbors. We ask you to be a partner in this exciting mission with your 2015 membership.** Membership in Community of Care is easy. All you have to do is send your contribution in the enclosed envelope and know you are helping care for a rural Cass County resident. You can also donate online through our website ([www.communityofcarend.com](http://www.communityofcarend.com)).

As you make your end of the year charitable contribution plans, we ask you to make a tax-deductible gift to Community of Care. **Can we count on you to help provide calm, relief, laughter and smiles for rural Cass County residents as they continue living safely in their rural Cass home?**

Sincerely,



Jane Lindemann  
Board Chairperson



Myrna Hanson  
Executive Director

**Your membership support helps to meet the needs of your family members, friends and neighbors.**

**PS. Will you invite a friend or family member to join you in bringing peace of mind to an older adult in rural Cass County?**

Community of Care's mission is *"to care for people by partnering with rural communities"*



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**Arthur Office**

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Arthur, ND 58006

701/967-8502

**UPCOMING EVENTS**

**Giving  
Hearts Day  
is Thursday,  
February 12,  
2015!**



Will you “take the challenge” to support Community of Care and invite your friends and family to do the same? Would you “challenge” your family & friends with rural Cass roots to join you in participating?



**Totally Tables #8 is Friday, April 17, 2015!** You will want to be a part of this entertaining evening! Mark your calendars now and start planning your table.

**Medicare Part D drug plan enrollment appointments continue through December 4th.**

Call our office to schedule your appointment. If you are 65 or older, we encourage you to review your plan annually to ensure you are on the most cost effective plan.

